AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta V	Pork Sausage Bites with Mashed Potato and Gravy	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball	Fish Fingers with Chips
HOT DISHES — OPTION 2	Creamy Garlic Pasta V	Sweet Potato & Lentil Curry with Wholegrain Rice VE	Roast BBQ Quorn with Roast Potatoes, Stuffing and Gravy V	Yellow Vegetable Curry with Wholegrain Rice VE	Veggie Fingers with Chips VE
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES — OPTION 4	Cheese and Tomato Panini V	Tuna and Cheese Panini Melt	Roast Chicken Pitta Pocket	Cheese and Tomato Toastie V	Tuna and Cheese Panini Melt
DELI DISHES — OPTION 5	Egg Mayonnaise Sandwich V	Ham Baguette	Cheese, Carrot and Apple Slaw Wrap V	Tuna Mayonnaise Sandwich	Cream Cheese and Cucumber Wrap V
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Lemon Cookie VE	Chocolate Ice Cream	Apple Crumble with Custard	Chocolate Marble Cake	Yoghurt and Fruit

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027, 19/04/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping V

WEEK 1
WEEK 2
WEEK 3

V Vegetarian VE Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Beef Burger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy	Katsu Chicken with Wholegrain Rice	Fish Fingers with Chips
HOT DISHES — OPTION 2	Spicy Tomato Pasta Bake with a Garlic Doughball (V)	Beany Vegetable Burger with Potato Wedges (V)	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy (V)	Vegetable Korma with Wholegrain Rice (VE)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES — OPTION 4	Cheese Panini (V)	Tuna and Cheese Panini Melt	Roast Gammon Pitta Pocket	Cheese and Tomato Panini (V)	Cheese Panini (V)
DELI DISHES — OPTION 5	Egg Mayonnaise Roll (V)	Cream Cheese and Cucumber Pitta Pocket (V)	Cheese Baguette (V)	Tuna and Sweetcorn Wrap	Ham Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Cookie (VE)	Strawberry Ice Cream	Apple and Berry Crumble with Custard	Chocolate Fudge Cake	Yoghurt and Fruit

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027, 05/04/2027, 26/04/2027

WEEK 1
WEEK 2
WEEK 3

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V) (Wholegrain)	Homemade Sausage Roll with Herby Diced Potatoes	Roast Gammon with Mashed Potato, Yorkshire Pudding and Gravy	Butter Chicken with Wholegrain Rice and Chota Naan (Wholegrain) (Nutritionist's Choice)	Fish Fingers with Chips
HOT DISHES — OPTION 2	Beany Chilli with Baked Nachos with Wholegrain Rice (VE) (Wholegrain) (Nutritionist's Choice)	Chinese Vegetable Noodles (V) (Nutritionist's Choice)	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Veggie Fingers with Chips (VE)
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES — OPTION 4	Cheese Panini (V)	Cheese and Tomato Panini (V)	Roast Chicken Pitta Pocket	Cheese Panini (V)	Cheese and Tomato Panini (V)
DELI DISHES — OPTION 5	Houmous and Carrot Wrap (VE)	Ham Sandwich	Cheese Wrap (V)	Tuna and Sweetcorn Pitta Pocket	Egg Mayonnaise Baguette (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Strawberry Jelly with Fruit (VE) (Fruity!)	Vanilla Ice Cream	Chocolate Cookie (VE)	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit (Fruity!) (Nutritionist's Choice)

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027, 12/04/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping (V) (Oily Fish)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan (Oily Fish) Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain (Nutritionist's Choice) Nutritionist's Choice

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